

October 2018

El Dorado Private School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Crispy Orange Chicken White Rice Teriyaki Stir-Fry Vegetables	Turkey Bolognese Ziti Sauteed Cauliflower Garlic Bread	Beef/Vegetable Tacos Lettuce, Tomato, Sour Cream, Salsa Spanish Rice	Sloppy Joe Veggie Burgers Steamed Green Beans	Cheese/Pepperoni/Veggie Pizza Haagen Dazs Ice Cream
8	9	10	11	12
Hamburger/Cheeseburger Veggie Burgers/Hot Dogs House-Cut Chips Corn	Beef/Veggie Burrito Lettuce, Tomato, Sour Cream, Salsa Spanish Rice and Fiesta Corn	Chicken Parmesan Buttered Noodles Sauteed Seasoned Broccoli	Breakfast for Lunch French Toast Sticks Chicken Sausage Hashbrowns	No School
15	16	17	18	19
Cheesy Beef and Macaroni Casserole, Fresh-Cut Green Beans with Lemon	Crispy Chicken Nuggets Mac 'N Cheese Steamed Carrots	Stuffed Shells Meat or Marinara Sauce Garlic Bread	Chicken/Vegetable Fajita Bowls Lettuce, Tomato, Sour Cream, Salsa, Spanish Rice and Fiesta Corn	Cheese/Pepperoni/Veggie Pizza Haagen Dazs Ice Cream
22	23	24	25	26
Chicken Meatball Sub Buttered Whole-Grain Pasta Roasted Zucchini and Squash	Chipotle Style Chicken Bowl Lettuce, Tomato, Sour Cream, Salsa, Spanish Rice and Fiesta Corn	Cheese Ravioli Meat or Marinara Sauce Garlic Bread Fresh-Cut Green Beans with Lemon	Teriyaki Glazed Chicken White Rice Teriyaki Stir Fried Vegetables	No School
29	30	31		
Bean and Cheese Burrito Chicken/Vegetable Tacos Spanish Rice and Fiesta Corn	Crispy Chicken Sandwich Optional Ketchup or Siracha Mayo House-Cut Chips Baby Corn	Penne Pasta Meat or Marinara Sauce Garlic Bread Roasted Vegetable Medley		

Daily Grab-and-Go Lunch Items

Daily Salad Bar Items (Local & Organic when in Season)

Italian, Turkey, and Vegetable Sandwiches and Wraps
Veggie Plates
Charcuterie Plates
Mini Meals w/Bagels and Cream Cheese

Veggies
Fresh Berries
Chicken
Edamame
Hard-Boiled Eggs



Organic Lettuce
Super Salad Grain Mix
Pasta/Potato Salad
Specialty Salads
Granola
Assorted Dressings